



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 **Carb counts included on menu beside the entrée.**

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 **Carb counts included on menu beside the entrée.**

**Milk: Choc-20, Wh-13
Juice-15, Fruit-16**

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 **Carb counts included on menu beside the entrée.**

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
 Apple-19 Orange-21
 Banana-27 Pear-22
 Grapes-25 Melons-9

Fruit-Canned
 Peaches-14 Pears-16
 Pineapple-19 Juice-15
 Applesauce-20 Craisins-27
 Blueberries-11 Raisins-27

Fruit- Frozen
 Frozen Slush Cups/Pouches-25
 Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 **Carb counts included on menu beside the entrée.**

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!



DECEMBER | 2022

Bearcat Breakfast K-12th Grade

No Breakfast served on delay days.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 *Carb counts included on menu beside the entrée.*

Milk: Choc-20, Wh-13
Juice-15, Fruit-16

29

Fruit- Fresh
Apple-19 Orange-21
Banana-27 Pear-22
Grapes-25 Melons-9
Fruit-Canned
Peaches-14 Pears-16
Pineapple-19 Juice-15
Applesauce-20 Craisins-27
Blueberries-11 Raisins-27
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20

30



1

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

2

Warm Twisted Cinnamon
Blueberry Stick-24
Juice/Fruit
Milk

5

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

6

Warm Cinnamon Toast
Crunch Soft Bar-44
Juice/Fruit
Milk

7

Warm Glazed
Donut-35
Juice/Fruit
Milk

8

Egg & Cheese or Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

9

Warm Super Pretzel
Cinnamon Stick-30
Juice/Fruit
Milk

12

Pop Tarts-36/72
Juice/Fruit
Milk

13

Warm Mini Waffles or Mini
Pancakes-38
Juice/Fruit
Milk

14

Warm Glazed
Donut-35
Juice/Fruit
Milk

15

Warm Cinnamon
Breakfast Cookie-44
Juice/Fruit
Milk

16

Apple Strudel Stick-36
Juice/Fruit
Milk

19

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

20

Pancake, Sausage & Cheese
Sandwich-23
Juice/Fruit
Milk

21

Glazed Donut Bites-32
Juice/Fruit
Milk

1hr Early Release

22



23



26



27



28



29



K-4: \$1.35
5-12: \$1.45
Reduced: \$.30

*2nd Choice Entrée and an extra fruit offered daily
*Cheese stick offered daily for 5-12th grade

Extra Milk \$.75

No Charging allowed for Breakfast

This institution is an equal opportunity provider.

Menu subject to change

There may be continued supply chain shortages throughout the 2022-23 SY. Thanks for your continued support and patience. 😊

Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year.

Serving Up...Bearcat Pride!!